

COSMETIC TREATMENTS

permanent hair reduction

Intense Pulsed Light (IPL) is an **advanced light-based technology**. It works by delivering shots of light of many different wavelengths over the area being treated. With hair removal treatments light is absorbed by pigment in the hair (melanin) causing hair follicles to heat up. This results in destruction of hair follicles. Different sets of configurations are used to treat various hair and skin types and conditions.

PRICE RANGE: \$45 to \$980

vascular and pigmentation treatments

Conditions such as **fine diffused redness, broken capillaries and spider veins** are treated effectively by IPL. Light is absorbed into the blood vessel and the heat damages its walls. The body reabsorbs what's left of the vessel and replaces it with collagen. It is possible to see results within several weeks, but may take up to 6 weeks after the treatment. **Pigmentation** is usually caused by exposure to sun and **Redness** from **blood vessels** sitting too close to the surface of the skin. Of all pigmentations, solar damage (sun spots, age spots and freckles) respond best to IPL. PRICE RANGE: \$45 to \$980

skin rejuvenation treatments

Used to treat **acne, fine lines and simply to achieve fresher younger look** for your skin these treatments combine treatments for pigmentation and mild vascular conditions. They encourage the natural production of collagen, which **improves skin's appearance, enhances its condition and results in a wonderfully new texture, color and radiance**. These treatments are non-invasive, gentle and very effective. PRICE RANGE: \$45 to \$590

mesotherapy*

The latest breakthrough in aesthetic medicine **reduces fat and cellulite and sculpts the body**. It uses microinjections into the middle layer of skin. Solution usually made up of vitamins, minerals, enzymes, plant extracts, anesthetics, medications and amino acids.

sclerotherapy of spider veins and capillaries*

Sclerotherapy is used to **remove spider veins and large capillaries**. Repeated injections are administered into the veins. This irritates the vein lining, causing a small, inconsequential clot in the vein. With the blood flow stopped, the vein will dry up and eventually disappear.

botox*, collagen and other dermal fillers*

Botox has been used effectively in aesthetic and general medicine for decades and has been proven to do wonders not just for wrinkles and creases but also for the self-esteem of the client with fantastic results achieved with minimal discomfort and no down time. **Would you like to have fuller lips? Do you wish to make deep lines unnoticeable?** The experienced hand of our doctor will fill the needed space with the most advanced fillers available on the market.

IPL PRICE GUIDE

Neck /Face Area – Hair Removal Price Guide

Upper Lip or Chin	\$85 to \$165
Upper Lip and Chin	\$125 to \$165
Sides of Face	\$125 to \$165
Full Face (F or M) (lip / chin / sides / neck)	\$230 to \$295
Front or Back on Neck (F or M)	\$130 to \$150

Upper Body Area – Hair Removal Price Guide

Breast (areole area)	\$85 to \$115
Chest - Male (excl abdomen)	\$390 to \$400
Chest - Male (incl abdomen)	\$445 to \$555
Abdomen - Female	\$85 to \$145
Abdomen – Male	\$130 to \$245
Under Arms	\$145 to \$215
Shoulders	\$190 to \$250
Upper Arms OR Lower Arms (incl hands)	\$235 to \$355
Three Quarter Arms	\$295 to \$330
Full Arms - Upper and Lower	\$450 to \$600
Back - Male (to incl shoulders add \$25)	\$550 to \$695

Lower Body Area – Hair Removal Price Guide

Bikini	\$220 to \$280
Brazilian XXX	\$250 to \$330
Buttocks	\$295 to \$345
Upper Legs (incl bikini) OR Lower Legs (incl knees, toes)	\$450 to \$520
Full Legs (incl bikini, knees, toes, feet)	\$790 to \$990

IPL SKIN TREATMENTS

(AGE/SUN SPOTS, VASCULAR OR COLLAGEN BOOSTERS)

Cheeks	OR	Nose	OR	Hands	from \$150
Full face	OR	Neck	OR	Shoulders	from \$250
Full Face	AND	Neck			from \$350
Chest	OR	Upper Back			from \$300

PURE INDULGENCE

Face, Neck & Décolletage Pamper 45min - \$65

Our *signature Face Rejuvenator* calms and revives your face and neck. It begins with a few relaxing flower essences drops under your tongue. Your face is washed with a warm washer, infused with in a unique combination of pure essential oils. You are massaged with an exclusive blend of organic oils. Their soft aroma combined with professional touch of our therapists guarantee a pleasant, relaxing experience.

Scalp, Ears & Neck Reliever 45min - \$65

This session is based on a unique mix of the following methods: Indian Head Massage moves on your scalp; techniques from the ancient Tibet on and around your ear lobes; and trigger points method on your neck. It is *designed to help reduce stress levels and loosen up your neck and head muscles*. It is thought that the ear massage component of the session helps shake up your whole body and "massages" your internal organs. This session may also help relieve tension headaches.

Feet or Hands Bliss 45min - \$65

The amount of work our feet and hands do on a daily basis is almost unbelievable. Yet, too often they are the most neglected part of our body. This exceptionally relaxing session starts with a warm refreshing wrap, infused with a rare mixture of oils. An exclusive blend of organic oils is used for this session to help soften and nourish your skin. Not only this session *will revitalize your overworked feet or hands it will breathe life into them*.

AROMATHERAPY MASSAGE	30 min	\$65
	60min	\$85
	90 min	\$95

NOTE: we only use natural ingredients of the finest quality to prepare products for all pamper and massage experiences. Products contain 100% rare organic essential oil blends, vitamins, minerals and antioxidants. Please advise your therapist if you have any allergies to any of these ingredients. Massage services are performed at Chadstone location only.

IPL NOTE: Prices for IPL treatments may vary depending on skin type, hair density and the actual area to be covered. The initial consultation costs \$40 and includes at least three test shots. All prices are given here are approximate. Each client will be provided with an individualized treatment plan and a quote.

* This treatment is performed by an independent specially trained medical expert. It is not listed here as part of SS services but an exclusive opportunity for referral to a highly skilled professional. It is not performed on Shines & Shimmers premises.